



Applications of Nanomaterials for aromatic plants

Muhammad Hanzala*

Department of Chemistry, University of Agriculture, Faisalabad-38040-Pakistan.

Abstract

Nano- Fertilizers are emerging as novel materials that could potentially replace traditional fertilizers in the near future. The growth, vigor, and abiotic conditions of aromatic plants are all influenced by the presence of micronutrients in the soil. Aromatic plants are renowned for their capacity to yield and hold onto a wide variety of biochemical substances which can be carried to practice for numerous purpose. Aromatic plants such as mint, basil, citronella, sandalwood, eucalyptus, and geranium are primarily utilized as sources of essential oils, which are highly concentrated plant-based oils. Essential oils, generated within specific plant structures, can contain over 300 unique molecules varying in both quantity and quality. A variety of traditional extraction technique such as steam distillation, hydro distillation and solvent extraction beside with modern method like solvent free microwave extraction, subcritical liquid extraction and supercritical fluid extraction are usually engaged to extract essential oil for aromatic plants. Alongside Nanomaterials like iron, manganese, zinc, and copper, when applied at a micro- scale level, show a positive response in terms of plant growth, vigor, abiotic factors, secondary metabolites, and essential oil formation compared to their excessive usage. Essential oils also have significant rules in industrial and medicinal usage; they can be used 55 to 60 % in nutrient manufacturing, 15 to 21% in beautifying production, and 5 to 10% used in pharmaceutical industry, and their ability to work as an anti-inflammatory, anti-cancer, anti-diabetic, and anti-oxidant enhances their importance in the research field.

Keywords: Aromatic Plants, Essential Oil, Micronutrients Management, Extraction technique

Full length article *Muhammad Hanzala, e-mail: hanzalaarshad425@gmail.com

1. Introduction

Aromatic plants belong to the group of medicinal plants and are together mentioned to as medicinal and aromatic plants. These are plants that either have therapeutic qualities or support good health. Aromatic plants are famous for their facility to yield and hold onto an extensive diversity of biochemical materials, many of them may be isolated and used as important chemical resources or starting points for different types of scientific research. Aromatic plants yield an amount of secondary metabolites which are highly valuable commercially and are used to make flavorings, fragrances, and medications [1]. Aromatic plants possess fragrant, volatile, hydrophobic compounds known as ethereal oil. Various plant parts, such as flowers, shoots, germs, grasses, branches, weft, timber, ovaries, and roots, are stripped of their oils. The term "essential oil" is closely associated with fragrances and perfumes because these aromatic scents have an oily type & constitute the core components of the flowers. Essential oil are mentioned to as "volatile" & "ethereal" lubricants since When introduced to the atmosphere at the ambient temperature, they vaporize [2]. Essential oil have high refractive indices, characteristic optical activity, and are easily recognized by their distinct odour. They usually do not mix well with water, and, because of their lesser density, they float better when put on the water's surface. More than 300 distinct molecules may be found in essential oils, which are

Hanzala, 2024

produced inside certain plant structures that range in quantity and quality [3]. While there are over 1500 species that contain volatile aromatic compounds, it's noteworthy that only approximately 50 species are actively utilized as commercial sources for essential oils and aroma-chemicals. Significant aromatic plants of world are categorized allowing to commercial part used, growth territory, and habitat, crop period, and breeding technique besides typical botanical arrangement [4]. Micronutrients are essential to plants' physiological processes; their requirements are quite low. Boron, copper, chlorine, iron, zinc, manganese, and molybdenum are the main micronutrients that plants require. These micronutrients have a major role in the cellular and metabolic functions of plants. They increase the activity of enzymes in plants, which promotes stronger plant development [5-7]. A variety of traditional extraction technique such as steam distillation, hydro distillation, and solvent extraction beside with modern method like solvent free microwave extraction, subcritical liquid extraction and supercritical fluid extraction are usually engaged to extract essential oil for aromatic plants. Additionally, economic evolution, kinetic modelling, and GC- MS analysis of the essential oils obtained through different extraction method has also been provided [8]. Essential oils also have significant rules in industrial and medicinal usage; they can

be used 55 to 60 % in nutrient manufacturing, 15 to 21% in beautifying production, and 5 to 10% in the pharmaceutical industry, and their ability to work as an anti-inflammatory, anti-cancer, anti-diabetic, and anti-oxidant enhances their importance in the research field [9].

2. Classification of Aromatic Plants

While there are over 1500 species that contain volatile aromatic compounds, it's noteworthy that only approximately 50 species are actively utilized as commercial sources for essential oils and aroma-chemicals. Furthermore, when it comes to large-scale cultivation, there are merely a few dozen aromatic crops that are cultivated extensively. The categorization of important aromatic plants on a global scale takes into consideration the economic portion of the herb used, its evolution characteristics, territory, harvest period, propagation process, in addition to the conventional botanical classification [10]. A thorough taxonomy for therapeutic plants, including aromatic ones, has been suggested, according to a relatively recent assessment. They may be categorized in a number of ways based on Figure 1 [11].

2.1 Based on Importance & revenue

Minor volatile plants are ones where aromatic elements and volatile substances are incidental or secondary outputs, major aromatic plants are those that are grown with the express purpose of eliminating fragrant values for application in fragrance and cosmetics. Several fragrant plants, such as Dalchini, vetivergrass, and *Matricaria ricotta*, are categorized based on their significance [11]. Aromatic plant essential oils are commonly used in the additive, scent, appealing, and medicinal sectors. The world-wide trade of aromatic herbs and their by-products is a major foundation of income for many states. Farmers take income from the farming of fragrant plants, which also bear rural means of support. Several aromatic plants, including *Salvia rosmarinus*, *Mentha*, *Pterocarpus*, and *Sassafras albidum*, are regarded as based on their economic significance [12].

2.2 Based on growth habit & habitat

Depending on the type of plant and atmospheres, aromatic plants progress in a diversity of habitats. For example, chamomile raises merely in wild woodlands. Chiefly on the classes, local rising circumstances, and the area where they are full-grown next to trees, aromatic plants may display in fields. Some of the fragrant plants are *Geranium*, *Champak*, *Davana* are categorised permitting to their growth habitat [13]. Aromatic plants that have a warm, dehydrated summer and a warm, humid winter flourish in Mediterranean climates, such as thyme and rosemary. Plants that are adapted to high-altitude alpine environments include *arnica*. Some fragrant plants, such as frankincense, thrive in dry desert environments. Aromatic plants like lemongrass are categorised by meadows and scattered trees, whereas chamomile produces in the habitat of a temperate forest that is both moderately temperate and has sufficient of moisture [14].

2.3 Based on crop duration & Propagation

Annual aromatic plants grow to maturity in a single rising season. In just one year, they are planted, grow, blossom, and seed. The life cycle of biannual aromatic herbs

is a duration of two years. Typically, they apply the first year growing vegetative before flowering, seeding, and dying. *Angelica* is one of these plants. Aromatic plants reproduce annually from the same rootstock and survive for several years. When properly cared for, lavender and rosemary may produce a harvestable crop for several years [15]. Numerous fragrant plants can be formed from seed. Seed are planted appropriately into the ground seed trays and consequently transferred into the area. Using this technique, aromatic herbs like mint are grown. While detail botanical classification of aromatic plant are depict in Fig.4 [11] and Table.1 [16]. In difference, cuttings of fragrant plants are propagated by eliminating a piece of a well-known plant and permitting it to take root and develop into a new plant. A part of the stem bends in dirt and remains linked to the parent plant in a reproduction technique called layering. Certain plants, including some types of oregano and sage, may be multiplied by stacking [17].

3. Essential Oil

Essential oils come from specialized cells in certain sections of an extensive variety of trees, and they are the end product of secondary metabolic processes. These oils have many uses in flavouring, fragrance, and medicine because of their unique qualities. Essential oils are complex blends of terpenoids whose composition differs reliant on the classes and variety of plants as fine as temperature, location, and production practices [18]. An essential oil is an aromatic, highly concentrated plant-based oil that is extracted using techniques such as pressure, hydro diffusion, or steam distillation. The practice of these volatile oils for healing motives is known as aromatherapy. The physical and chemical environments that oil is exposed to throughout its withdrawal, packing, and handling have a significant impact on the last alignment since chemical components are extremely reactive [19]. The plant organ which contain essential has been shown in Figure 2 [20].

3.1 Physical & Chemical nature of essential oil

Essential oils are ephemeral constituents present in aromatic plants that, due to their explosive nature, release scents. EO are usually ones with volatile chemicals that easily evaporate at room temperature, creating unique fragrances. The distinctive qualities of essential oils are their physical and chemical makeup. They have high refractive indices, characteristic optical activity, and are easily recognized by their distinct odour. They usually do not mix well with water and, because of their lesser density, they float better when put on the water's surface [21]. Essential oils are categorized are terpenoids and are soluble in organic solvents; in decreasing order of solubility, these solvents include petroleum ether, chloroform, ethyl acetate, and alcohol [22]. More than 300 distinct molecules may be found in essential oils, which are produced inside certain plant structures that range in quantity and quality. Major constituent that are found in essential oil are shown in Table 3. These structures, which store these oils in the plant's cytoplasm, are present in a variety of plant organs [23].

3.2 Major sources of essential oil containing aromatic plant

When comparing diverse kind of essential oil, numerous influences originate into show including their botanical sources, aromatic profiles, therapeutic attributes and practical application. The manufacture of essential oils in aromatic plant species takes place via two complexes, naturally occurring biochemical routes that include distinct enzyme activities. Flavouring agents such as sprinkle, zingier officinal, elettaria, saffron crocus, Eugenia, and fenugreek germ lubricants are commonly used. Essential oils extracted from menthe, ociumum basilicum, oranges, Eugenia caryophyllata leaves, cymbopogon, santal oil, gum tree, cranesbills, lavandula are some of the most traded types of essential oils [24]. While major essential producing plants are discussed in Table. 4 [25].

4. Nanomaterials

The synthesis, analysis, study, and use of nanostructured materials-ingredients with at minimum one aspect in the microscale are the main emphases of nanoscience. Nanotechnology assistances to progress farm making by growing the effectiveness of contributions and lessening appropriate sufferers In calculation, Nano nutrients as sole exporters of agrochemicals help the site-targeted precise conveyance of nutrients with improved yield fortification as compared to traditional fertilization method [26]. The manufacture of natural product in plants is directly linked to harvest production, which, in turn, hang on the accessibility or scarcity of necessary nutrients [27]. As a result, the loam associates these plants need be opulent in vital nutrients to boost crop productivity. Optimal plant growth necessitates a balance of both macro and micronutrients. While plants require larger quantities of macronutrients, micronutrients are needed in smaller amounts. Despite their lower quantity, micronutrients play a vital part in several bodily methods in undergrowth [28].

4.1 Nanomaterials regarding Secondary metabolites Formation by Plants

Natural products are formed in around explicit tissue and organ of plant awfully in reaction of organic and inorganic strains. Plants formed secondary metabolites and their value and amount depends upon the degree and duration of stress and micro-nutrients also show a critical role in the separation of natural product in plants influence the pressure [29]. Cu is a vital Nano nutrient needed for the growth of plant life. It acts as a vital catalyst in a quantity of physiological processes in plants, including the production of lignin, cell wall metabolism, and photosynthesis. When added to the culture medium in small amounts, it acts as an elicitor in the form of CuSO₄, which can change the metabolic pathways of crops and promote the synthesis of natural product [30]. While on the additional studied for plants to raise well, zinc is crucial for amount of activities, including the absorption of carbon, the manufacture of various antioxidant enzymes, the gathering of saccharides, and the practice of carbon in biosynthesis terpenes calculated the consequence of Zn and Cu on basil plant [31].

Fe is essential for basic plant functions like photosynthesis, chlorophyll, respiration and nucleic acid

production. Additionally, it serves as a vital catalyst for about one hundred forty biological catalyst that catalyse the metabolic activities that occur in plants. It play a main rule in natural product development in crops. The chemicals included in the essential oils of lemon balm, were effectively stimulated by Fe [32]. While comparing the effect of manganese on aromatic plants shows that Mn is a crucial micronutrient needed for the progress and enlargement of plants. It serves as a catalyst in the water-splitting reaction in photosystem II and as a necessary cofactor for the oxygen-evolving complex (OEC) in the photosynthetic machinery [33]. It is essential to the production of lignin and phenol. It also acts as an enzyme cofactor for the production of isoprenoid compounds. Additionally, it can increase the quantity of morphine found in the roots and shoots of catharanthus roses. However, due to the plants typically extremely low alkaloid content and increased need for alkaloids, production of it has significantly increased [34].

4.2 Nanomaterials regarding essential oil Formation

Crops growth, intensity and abiotic factor all are affected by the micronutrient that are available in the soil excessive to low amount. In order to achieve optimal production, plants need the right balance of macronutrients and micronutrients. The critical micronutrient level is the point at which crop performance, including growth and production, starts to steadily decline. Critical value of micronutrient has been given in the Table # 5 [35]. When micronutrients are applied by soil or foliar methods, a wide range of crops have been seen to exhibit favourable growth and production responses Table # 2 and Figure 5 [36].

In plant oxidation-reduction (redox) and electron transfer (ET) processes, iron is a critical component. It is a crucial component of many metabolic processes and is crucial to the synthesis of volatile oil in aromatic crops. As supply of Fe increase chlorophyll content as well as follower yielding, and essential oil also increase [37]. Additionally, it contributes to the metabolic processes of chloroplast RNA, which increase material production and ultimately promote plant development. In the end, this lowers the elemental leaching and raises the dry matter yield [38]. While on another perspective Cu has several important functions that help plants develop more quickly. It is responsible for the activation of a small number of enzyme systems in plants that are elaborate in the manufacture of lignin and additional mixtures. It also helps to enhance the flavour and dye of leaves, add dye to blossoms, and increase the amount of volatile oils in fragrant plants. When Cu was applied in excess of what was considered optimal, the plant's roots accumulated Cu, indicating that it was tolerant of the metal. When given in little amounts, Cu and Zn gave plants more nourishment, which promoted better development [39]. Plant growth is mostly dependent on zinc. It is an enzyme activator in some cases. As a result, it is essential to many proteins and enzymes. It affects many different processes, including as the elongation of neural length and growth hormone synthesis. Zinc has a chief part in crop metabolic rate since it is vital for the production of DNA, RNA, and proteins [40]. Numerous characteristics were noted for the same, including the quantity of zinc accumulated, the quantity and mass of glandular trachoma that appeared, as well as the production, composition, and concentration of the plant-extracted

essential oil [41]. Research about the usage of manganese also depict that Manganese is necessary for a number of processes in plants, such as photosynthesis, respiration, and nitrogen absorption. In addition, plants need it for the germination of pollen, the development of pollen tubes, the elongation of cell roots, and the provision of disease resistance in plant roots. Research on the effects of manganese on a little fragrant crops suggests that the constituent may also help crops produce more oil [42]. While critical value of nano-nutrients and their effect on growth of aromatic plants are shown in Table. 6. However, applying Mn over the recommended level caused the growth parameters under study to steadily and significantly fall. In addition, plants' chlorophyll concentration dropped as Mn treatment increased. Increased Mn concentrations most likely put plants under oxidative stress, which hinders photosynthesis [43].

5. Cultivation & Propagation of aromatic plant

Aromatic plants cultivated and propagated based on their environmental condition, growth habitat and lifecycle, plant physiology, diseases and pest management. Different aromatic plant exist in different condition like lemongrass is cultivated in well-drained soil and full sunlight, it requires regular watering and warm temperature to thrive, making it suitable for tropical and subtropical region. It can be propagated from divisions. Clumps can be divided into smaller sections containing roots and shoots for tropical and subtropical climates [44]. While on the other hand Rosemary may be multiplied by layering, cuttings, or seeds. Cuttings from semi-hardwood or hardwood stems often take root in soil that drains well. Full sun and sandy soil that drains well are ideal for rosemary growth. Once established, it needs very little water and benefits from periodic trimming to keep its form [45]. Lavender needs full sun, sufficient circulation, and soil that drains well. Although it may adapt to a variety of locations with the right care, it is often cultivated in areas with Mediterranean weather. You may multiply lavender by layering, cuttings, or seeds. The most popular technique involves taking cuttings from semi-hardwood stems and planting them in soil that drains properly [46]. Aromatic plants alike Partial shade is preferable to full sun for peppermint, as is rich, wet soil. To keep the soil continuously wet, especially during dry spells, regular irrigation is necessary. Usually, peppermint is propagated by root cuttings or division. Establishing new plants is often accomplished by taking root cuttings or dividing mature plants [47]. In order to keep pests away from plants without compromising their access to water, air, and sunshine, use physical barriers such as floating row covers. As a last option, think about employing chemical treatments if pest populations become out of control and no other approach works [48].

6. Extraction of essential oil from aromatic Plants

A variety of traditional extraction technique such as steam distillation, hydro distillation and solvent extraction beside with modern method like solvent free microwave extraction, subcritical liquid extraction and supercritical fluid extraction are usually engaged to extract essential oil for aromatic plants. Steam distillation entails putting steam through the plant material to evaporate the vital oils. The essential oil is subsequently separated from the water by condensing the steam that contained the volatile oil [49].

However, in hydro distillation, the plant material and water are heated together directly, and the essential oils are extracted using the same condensation process. Non-conventional method like Supercritical fluid extraction uses supercritical fluids, including carbon dioxide, to extract essential oils at temperatures and pressures that are high [50]. Because it protects fragile plant components from high heat, this approach is chosen. A conventional technique like effleurage in which flowers are laid over a layer of fat, such as lard or wax, to allow the essential oils to seep in. The essential oil is then extracted by washing the saturated fat with alcohol [51].

6.1 Different techniques for essential oil extraction

Different method shows different results based on their economic benefits, time, yield, energy and plant material such as In order to extract essential oils from basil, garden mint, and thyme, a comparative analysis between SFME and hydro-distillation (HD) was conducted. The results showed that, even though SFME only took 30 minutes to complete, the essential oils it produced were comparable to those obtained from traditional hydro-distillation, which took 4.5 hours. Additionally, SFME produced essential oils with increased concentrations of useful oxygenated components and enabled notable cost savings in terms of the amount of plant material, energy, and time needed for extraction [52].

The essential oil of *Thymus daenensis* was extracted from its air-dried aerial parts using the following techniques: hydro distillation, ohmic, ultrasound-assisted hydro distillation, and ultrasound-assisted ohmic. The techniques for hydro distillation and ultrasound-assisted ohmic extraction had the longest and shortest extraction onset times, respectively. Similarly, the methods for ohmic extraction and ultrasound-assisted hydro distillation exhibited the highest and lowest extraction efficiency (W/W). Furthermore, the least amount of essential oils were extracted by hydro distillation and the highest amount by ultrasound-assisted ohmic extraction, respectively. As per the results of the gas chromatography-mass spectrometry study conducted on the extracted *T. daenensis* EO, 37 components were found to differ quantitatively according on the extraction technique used [53]. Different Technique used for the removal of volatile oil from crop has shown in Fig.3 [20]. Gas chromatography-mass spectrometry were used to evaluate the chemical compositions of essential oils that were extracted from sage and rosemary using hydro distillation and microwave extraction techniques. In comparison to the microwave extraction technique, the percentages of p-cymene, γ -terpene, α -terpene, and (Z)- β -cymene for hydro distillation application were greater, but the percentages for thymol, carvacrol, and borneol were lower. By using hydro distillation and microwave techniques, the components found in the produced oils were found to be 99.44% and 98.62 percent, respectively. 39 components were found by the microwave extraction of *Satureja thymbra* L. essential oils; however, 46 components were found by hydro distillation [54].

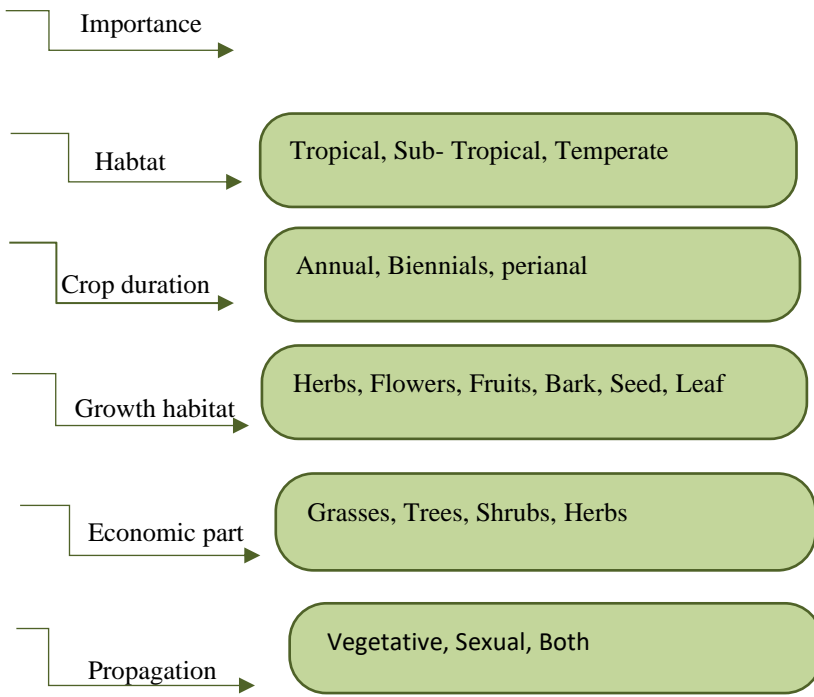


Figure 1. Classification system of aromatic plants

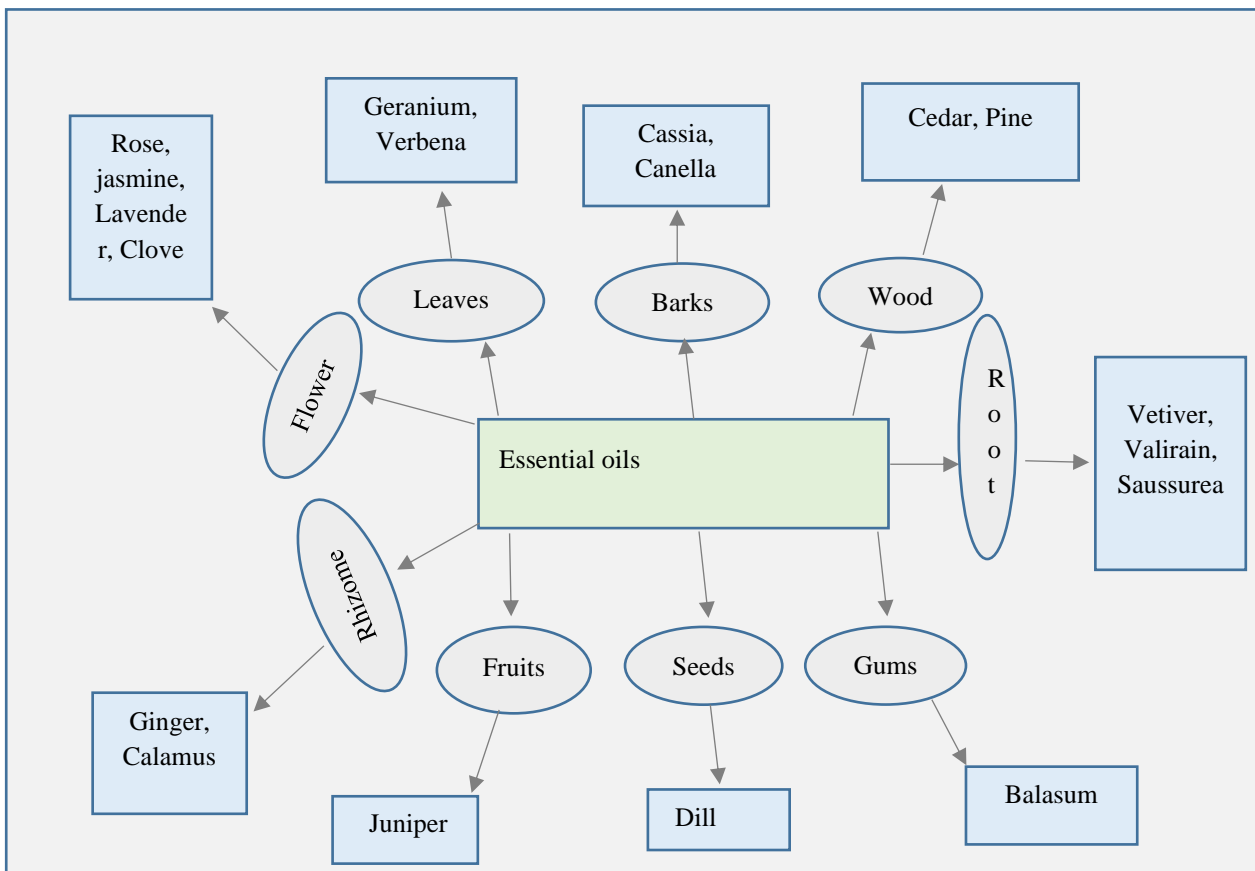


Figure 2. Plant organ containing essential oil

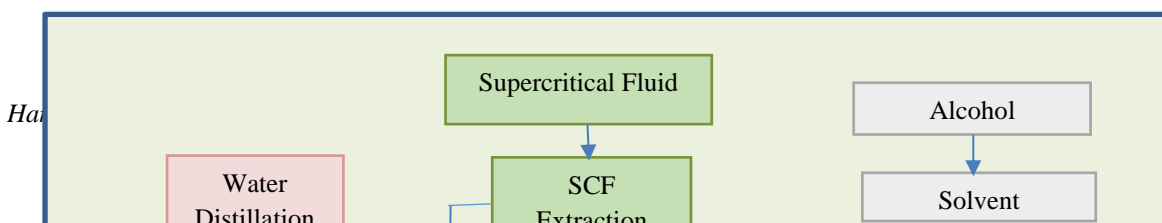


Table # 01

Figure 3. Method of producing essential oil from plant material

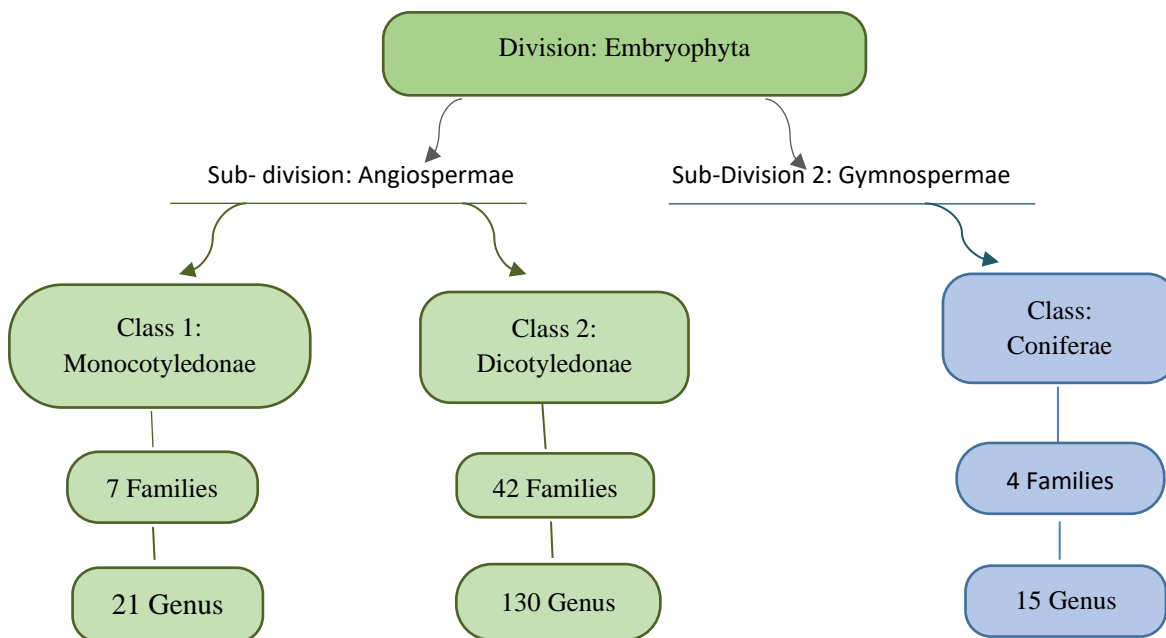


Figure 4. Botanical Classification of aromatic Plants

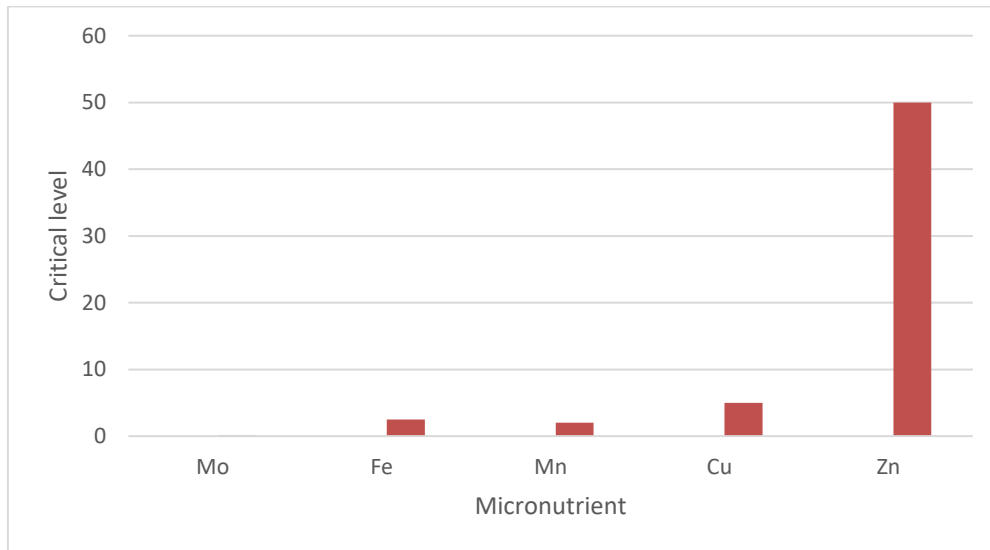


Figure 5. Critical level of different micronutrient in soil extraction

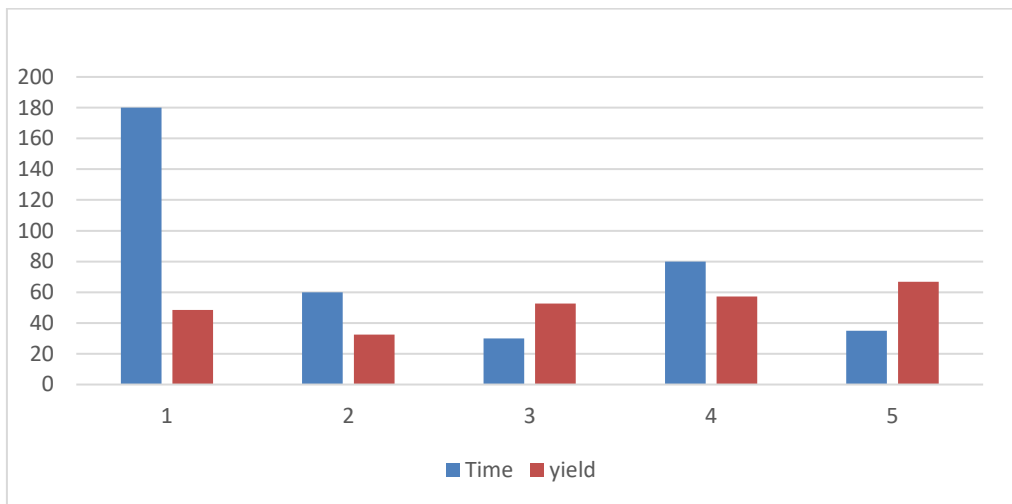


Figure 6. Comparison of different extraction method for selected oil

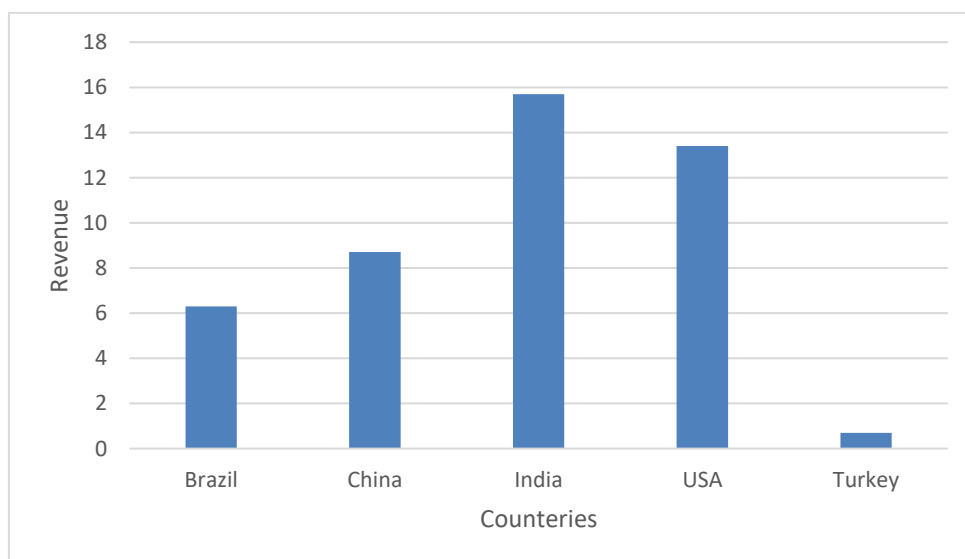


Figure 7. Major essential oil trading countries worldwide

Table 1. Botanical classification: DIVISION: EMBRYOPHYTA Subdivision: Gymnospermae

Family	Genus	Species
Taxodiaceae	Sciadopitys	Sciadopitys verticillata
Cupressaceae	Cupressu	C.sinesis
Pinaceae	Pinus	P. contorta
Podocarpaceae	Dacrydium	Dacrydium franklini
Sub-Division: Angiospermae		
Class: Dicotyledonae		
Chenopodiaceae	Chenopodium	Chenopodium ambrosioides
Valerianaceae	Valeriana	V. officinalis
Saxifragaceae	Philadelphus	Philadelphus coronarius
Betulaceae	Betula	Betula alba
Bignoniaceae	Millingtonia	Millingtonia hortensis
Violaceae	Viola	Viola odorata
Piperaceae	Piper	Piper acutifolium
Rosaceae	Spiraea	Spiraea ulmaria
Lauraceae	Cinnamomum	Cinnamomum aromaticum
Dipterocarpaceae	Dryobalanops	Dryobalanops aromatica
Magnoliaceae	Magnolia	Magnolia grandiflora
Class: Monocotyledonae		
Iridaceae	Crocus	Crocus Sativus
Zingiberaceae	Zingiber	Zingiber mioga
Graminae	Andropogon	Andropogon aciculatus

Table 2. Critical level of micronutrients in soil extraction

Micronutrients	Critical level (mg/kg)
Mo	0.10–0.15 ^d
Fe	2.5–4.5 ^b
Mn	50–100 ^b
Cu	0.1–0.2 ^b
B	0.25–0.5 ^c

Table 3. Chemistry of essential oil

Name of essential oil	Major chemical constituents of molecule	Reference
Oil of Mentha arvensis	C ₁₀ H ₂₀ O (84.63%), L- C ₁₀ H ₂₀ O (4.58%)	[55]
Oil of Vetiver	C ₁₀ H ₂₀ O (37.5%), C ₁₀ H ₁₈ O (6.0%), C ₁₅ H ₂₄ O (3.7%), β-C ₁₅ H ₂₄ (2.7%), iso-C ₁₀ H ₁₈ O (2.1%) and C ₁₁ H ₁₈ O ₂ (2.0%)	[56]
Oil of Eucalyptus globules	C ₁₀ H ₁₈ O (51.62%), α-C ₁₀ H ₁₆ (23.62%), p-C ₁₀ H ₁₄ (10%), β-C ₁₀ H ₁₆ (8.74%), C ₁₀ H ₁₈ O (2.74%) and γ-C ₁₀ H ₁₈ O (2.59%)	[57]
Oil of Cumin seed	C ₁₀ H ₁₂ O (36.67%) and C ₁₀ H ₁₄ O (21.34%)	[58]
Oil of Sandalwood	α-C ₁₅ H ₂₄ O (59.00%), α-C ₁₅ H ₂₄ (9.68%), and β-C ₁₅ H ₂₄ O (9.02%)	[59]
Oil of Basil	C ₁₀ H ₁₀ O ₂ (70.1%), C ₁₀ H ₁₈ O (17.5%), β-C ₁₅ H ₂₄ (2.6%) and C ₁₀ H ₁₆ O (1.52%)	[60]
Oil of Jamarosa	C ₁₀ H ₁₈ O (80–90%), C ₁₂ H ₂₀ O ₂ (19–33%)	[61]

Table 4. Major sources of essential oil

Item	Part used	Botanical source	Chemical constituents	Uses
Ajowan	Seed	Trachyspermum ammi	Thymol	Confectionery, Flavouring foods, medicinal, soft drinks
Cardamom	Seed	Elettaria cardamomum	Limonene, Cineole, cymene, terpineol	Confectionery, Flavoring soft drinks
Celery	Herb	Apium graveolens	Limonene	Pharmaceuticals, Flavoring foods
Cinnamon	Leaf, Bark	Cinnamomum verum	methyl eugenol, iso-eugenol, Eugenol,	natural flavours, Seasoning, pharmaceuticals, , blending
Cumin	Seed	Cuminum cyminum	Cuminaldehyde, Cuminy alcohol	natural flavours, Seasoning curries
Eucalyptus	Leaf twig	Eucalyptus globulus	Camphene, Cineole, sabinene, caryophyllene	Medicinal, Blending
Geranium	Leaf twig	Pelargonium graveolens	iso-menthone, Geraniol, linalool, , citronellol	In all kinds of scents
Lemongrass	Grass	Cymbopogon flexuosus	Linalool, geraniol, Citral	Seasoning, Lemon flavor

Table 6. Effect of applying micro-nutrient on aromatic plant

Micro-nutrient	Optimal Dose	Plant	Effect	Ref
Nano Fe	1.5 g/l foliar	Mentha	An increase in the quantity of stems, dynamic menthone, menthol, and chlorophyll	[62]
Mn	2% foliar	Matricaria chamomilla	Weights of the herb plant both fresh and dried, number of branches and dry weight, heights of chlorophylls (a & b), and carotenoids	[63]
Cu	5 mg/kg soil	Pennyroyal	Enlarge area of the leaves and dry weight	[64]
Nano Cu Zn	2000, 4000 ppm spray	Ocimum basilicum L.	elevated levels of carotenoid pigment flavonoid compounds and photosynthesis a, b, and their content in the plant's leaves and leaf	[65]
Zn	50 mg/kg soil	Matricaria chamomilla	Enlarged aromatic oil amount, plant altitude,	[66]

The distribution of volatile components in nutmeg essential oil produced using high vacuum distillation (HVD), super critical fluid extraction (SFE), and simultaneous distillation extraction (SDE) was compared to head space (HS) analysis and reduced pressure distillation (RPD). Extraction of oil by using different technique are compared as regard of time and yield are discussed in Figure 6 [67]. The volatiles obtained from head space and reduced pressure distillation had a significant sabinene concentration, with α - and β -pinene following closely after. Interestingly, distillates from HS and RPD were distinguished by the lack of phenolic ethers, specifically myristicin, elemi in, and safrole, in contrast to simultaneous distillation extraction and supercritical fluid extraction. The nutmeg scent of the HS and RPD volatiles suggested that terpenic components played a major part in producing the top fragrance note. Using GC-olfactometry (GC-O) on the oils, it was possible to determine how sabinene, α -pinene, and β -pinene contributed to the spice's unique flavor [68]. Steam and water distillation are the most useful techniques for obtaining essential oils. A comparison has been made between the essential oil extracted from rosemary leaves using Microwave Assisted Water Distillation (MAWD) at 440W, 770W, and 1100W and that extracted using standard WD and SD methods. In 440 W, the yield of the volatile fractions acquired by WD was 0.45%, 770 W was 0.50%, and 1100 W was 0.55%. The yield of the volatile fractions obtained through SD was 0.54%. After essential oil samples were subjected to GC and GC-MS analysis, the results showed that the essential oils obtained by HD, SD, and MAWD, respectively, included 28 to 35

different chemicals [69]. Using Clevenger Hydrodistillation and microwave aided Hydrodistillation, the essential oils of *Rosmarinus officinalis* L. are extracted. Numerous factors have been investigated, including the yield, extraction time, and chemical makeup of the essential oils in addition to the effectiveness and expense of each process. The outcomes showed that, in compared to traditional hydro distillation, microwave-assisted hydro distillation allows for the reduction of the essential oil extraction time. As a result, using MAH only takes 20 minutes to extract the same amount of essential oils, whilst using CH requires 180 minutes. Furthermore, the essential oil's quality is enhanced by a 1.14% rise in oxygenates [70].

7. Demand and revenue potential of essential oil

Approximately 55–60% of EO are applying in the nourishment sector to enhance flavours; 15–21% are used in perfumery and cosmetics to create fragrances; 10–20% are used as starticmaterials for isolating different constituents; five to ten ratio are used as energetic ingredients in medical formulations; and two to five ratio are used in regular product applications [71]. Major countries that generate revenue by trading essential oil are discussed in Figure [72]. Notably, the trade in essential oils is being driven by the United States, France, and Germany. An estimated 5,000 metric tons of raw ingredients worth Rs. 400 crores are produced annually in India for the perfume industry. Roughly 130 crores in foreign exchange are earned by their exports each year. Around

ninety percent of India's needs for volatile oils are seen by domestic manufacture; the residual 10% is imported [73].

8. Medicinal & industrial benefits of essential oil

8.1 Anti-bacterial & Anti-viral activities

Plant oils have varying degrees of efficiency against different bacteria and across different types of oils as antiviral essential oil constituent extracted from tea tree oil caused the hinders of the lipid fractions of the bacterial plasma membrane. Intracellular substances were able to get out as a result of an alteration in the permeability of the membrane. Furthermore, because of their hydrophilic cell wall features, which prevent hydrophobic substances from traversing the membrane of a cell, gram-negative bacteria have been shown to be typically less sensitive to extracellular organic substances (EOs) than gram-positive bacteria [74]. While plant like tea tree also shows antiviral activity against herpes simple's virus type 1. Although the monoterpenes were found to showed inhibiting effectiveness over 80% towards HSV-1, the EOs were reported to show a substantial decrease in HSV-1 infectivity (by higher than 96%). The inactivation of HSV-1 infection was caused by the high antiviral activity, which was brought about by making the free viral particles inert and working in a dose-dependent way on the herpes virus particles. In addition, blends of various monoterpenes in tea tree essential oil demonstrated a ten-fold increase in selectivity index (SI) and decreased toxicity when compared to the individual monoterpenes [75].

10.2 Anti-inflammatory & Anti-hyperpigmentation activities

Numerous essential oils have been clinically proven to be efficacious in treating inflammatory conditions such as arthritis, rheumatism, and allergies. It was shown that giving mice various EOs, particularly geranium EO, reduced the inflammatory symptoms associated with neutrophil build up and edema. *Cymbopogon nardus* (L.) Rendle EO blossoms and leaf' anti-inflammatory potential in a simulation of Wistar rats' swelling of the paws caused by egg albumin. When rats were given EO, there was a noticeable decrease in their paw volume. Moreover, it was discovered that *C. nardus* inhibited mediator release during the early stages of inflammation [75]. The tyrosinase gene catalyses the synthesis of melanin in the skin of humans, which causes epidermal hyperpigmentation and a range of dermatological conditions, including age spots, melasma, and freckles. Melanin production was decreased and tyrosinase activity was significantly suppressed by *Eucalyptus camaldulensis* Dehnh. Flower EO. It was also shown that the EO acted as an internal scavenge of reactive oxygen species. The findings therefore showed that the reduction in melanin formation was probably caused by the depletion of cellular ROS or perhaps intracellular ROS, as well as the suppression of the pathway of signalling that controls the activity of tyrosinase [76].

10.2 Anti-Cancer & Neuroprotective activities

It has been discovered that a number of EO ingredients with chemotherapeutic medications together enhance cytotoxicity on a range of cancer cell types. For example, it has been discovered that D-limonene does not harm normal prostate epithelial cells while amplifying the

anticancer effect of docetaxel against human prostatic carcinoma DU-145 cells. Furthermore, compared to docetaxel by itself, treatment with D-limonene and docetaxel combination led to enhanced ROS production, glutathione depletion, and caspase activity among DU-145 cells [77]. According to reports, lavender essential oil (LEO) contains a variety of bioactivities in the central nervous system and is effective in treating depression, anxiety, stress, and cerebral ischemia. Additionally, by exhibiting ant oxidative properties, LEO has been connected to cognitive improvement and neuroprotective benefits in Alzheimer's disease [78].

10.3 Cardio protective & Hepatoprotective activities

One of the key strategies for managing hypertension and cardiovascular failure is the suppression of the angiotensin-converting enzyme. *Thymus bovei* Benth. EO's inhibitory actions on ACE were examined in relation to its primary component, geraniol, and an ACE inhibitor called captopril. *T. bovei* EO and geraniol both showed notable percentage inhibition against ACE at 15 µg/ml. EOs and their constituents have been recognized as interesting candidates to function as therapeutic agents that prevent cardiovascular disorders. The antihypertensive impact of 1, 8-cineole, a primary monoterpene oxide found in numerous EOs, was shown in rats chronically exposed to nicotine, which was known to produce hypertension. This finding highlights the possible cardio protective effects of EO components. The regulation of nitric oxide and oxidative stress was assumed to be the cause of the drop in blood pressure [79]. The hepatoprotective efficacy of essential oils derived from two widely used spices, *Thymus capitates* and *Salvia officinalis* L. Rats were given 500 mg/kg of paracetamol to cause liver damage, which was manifested by elevated blood and liver lactate dehydrogenase activity and a significant decrease in both blood and hepatic glutathione levels, as well as in the activity of glutathione peroxidase and super oxide dismutase. The rats were pre-treated with the EOs (50 mg/kg daily) for 15 days, and then they were given paracetamol to intoxicate. This showed that the EOs significantly prevented the rise in hepatic and serum LDH activity that was caused, as well as the decline in GSH levels. It was also discovered that the liver and blood showed improved GPx and SOD activity. Therefore, it was shown that the EOs' hepatoprotective impact resulted from their antioxidant potential [80].

11. Conclusions

Aromatic herbs along with their extract and essential possess a different variety of bioactive compounds with potential uses across the food, animal feed, pharmaceutical and cosmetic sector. Different method is used to enhance the extract and yield of essential so as to fulfil the customer request. The utilization of Nano scale materials like zinc, iron, copper, manganese significantly impact both the development and yield of aromatic plant. Aromatic plants' cellular and metabolic processes depend heavily on micronutrients. They are in charge of controlling enzymatic activity and indirectly contribute to the manufacture of several controllers of plant progress by promoting herbal development. In aromatic plants, secondary metabolite synthesis is also attributed to micronutrients. The secondary metabolites derived from aromatic plants have found widespread application in medicine because of their

properties that stimulate the immune system as well as being antimicrobial, antifungal, antiviral, anti-inflammatory in nature and depressive. A deeper comprehension of these secondary metabolites' production, build-up, and process of activity in plants is essential given their varied roles and significance in several domains. Because they function as cofactors of several significant enzymes involved in secondary metabolism of plants, many plant micronutrients have a progressive effect on the generation and gathering of volatile oils in aroma plants. To get the best outcomes, there is still uncertainty regarding the quantity and mode of micronutrient treatment for aromatic plants. Methods including Steam distillation, Solvent free microwave extraction, Maceration, Supercritical fluid extraction as well as Microwave extraction is used for the extraction of essential oil from different plant parts. Furthermore, the effects of Nano -particles differ from plant to plant as dose the demand for them. This necessitates the widespread development of techniques for managing micronutrients in plants in instruction to prevent harmfulness brought on by their overuse.

References

- [1] D. Kumar, A. Punetha, P.P. Verma, R. Padalia. (2022). Micronutrient based approach to increase yield and quality of essential oil in aromatic crops. *Journal of Applied Research on Medicinal and Aromatic Plants*. 26: 100361.
- [2] A. Brenes, E. Roura. (2010). Essential oils in poultry nutrition: Main effects and modes of action. *Animal feed science and technology*. 158(1-2): 1-14.
- [3] B.d.A. Zellner, P. Dugo, G. Dugo, L. Mondello. (2010). Analysis of essential oils. *ESSENTIAL*. 151.
- [4] B. Mengesha, O. Mohammed, T. Tessema, S. Abate. (2010). Production, Processing and Utilization of Aromatic Plants. *Ethiopian Institute of Agricultural Research*.
- [5] Y. Ghatas, M. Ali, M. Elsadek, Y. Mohamed. (2021). Enhancing growth, productivity and artemisinin content of *Artemisia annua* L. Plant using seaweed extract and micronutrients. *Industrial Crops and Products*. 161: 113202.
- [6] R. Shaheen, M.A. Hanif, S. Nisar, U. Rashid, Z. Sajid, M.R. Shehzad, J.K. Winkler-Moser, A. Alsalmeh. (2021). Seasonal Variation, Fractional Isolation and Nanoencapsulation of Antioxidant Compounds of Indian Blackberry (*Syzygium cumini*). *Antioxidants*. 10(12): 1900.
- [7] R. Shaheen, S. Nisar, R.a. Kowalski, M.I. Jilani. (2019). Essential oil isolates of Indian Black Berry Leaves: A Review. *International Journal of Chemical and Biochemical Sciences*. 16: 11-16.
- [8] R. Kant, A. Kumar. (2022). Review on essential oil extraction from aromatic and medicinal plants: Techniques, performance and economic analysis. *Sustainable Chemistry and Pharmacy*. 30: 100829.
- [9] P.M. Ishfaq, A. Shukla, S. Beraiya, S. Tripathi, S.K. Mishra. (2018). Biochemical and pharmacological applications of essential oils in human health especially in cancer prevention. *Anti-Cancer Agents in Medicinal Chemistry (Formerly Current Medicinal Chemistry-Anti-Cancer Agents)*. 18(13): 1815-1827.
- [10] A. Alamgir, A. Alamgir. (2017). *Pharmacognostical Botany: Classification of medicinal and aromatic plants (MAPs), botanical taxonomy, morphology, and anatomy of drug plants. Therapeutic Use of Medicinal Plants and Their Extracts: Volume 1: Pharmacognosy*. 177-293.
- [11] A.K. Pandey, P. Kumar, M. Saxena, P. Maurya, Distribution of aromatic plants in the world and their properties. In *Feed additives*, Elsevier: 2020; pp 89-114.
- [12] A. Máthé. (2015). Botanical aspects of medicinal and aromatic plants. *Medicinal and Aromatic Plants of the World: Scientific, Production, Commercial and Utilization Aspects*. 13-33.
- [13] E.A. Weiss. (1997). *Essential oil crops*. Cab International: pp.
- [14] A. Lubbe, R. Verpoorte. (2011). Cultivation of medicinal and aromatic plants for specialty industrial materials. *Industrial Crops and Products*. 34(1): 785-801.
- [15] A. Gorji-Chakespari, A.M. Nikbakht, F. Sefidkon, M. Ghasemi-Varnamkhasti, E.L. Valero. (2017). Classification of essential oil composition in *Rosa damascena* Mill. genotypes using an electronic nose. *Journal of Applied Research on Medicinal and Aromatic Plants*. 4: 27-34.
- [16] B.P. Skaria. (2007). *Aromatic plants*. New India Publishing: pp.
- [17] L. Kotyuk, I. Ivashchenko, B. Borysiuk, A. Pitsil, I. Mozharivska. (2022). Introduction to culture, reproduction, and productivity of aromatic plants of the Lamiaceae family in the Central Polissia of Ukraine.
- [18] P. Robertshawe. (2009). Price S, Price L. Aromatherapy for Health Professionals. *Journal of the Australian Traditional-Medicine Society*. 15(2): 101-102.
- [19] C.O. Lee. (2003). Clinical aromatherapy Part I: An introduction Into nursing practice. Number 5/September-October 2003. 7(5): 595-596.
- [20] S. Handa. (2008). An overview of extraction techniques for medicinal and aromatic plants. *Extraction technologies for medicinal and aromatic plants*. 1(1): 21-40.
- [21] W.X. Du, C. Olsen, R. Avena-Bustillos, T. McHugh, C. Levin, M. Friedman. (2009). Effects of allspice, cinnamon, and clove bud essential oils in edible apple films on physical properties and antimicrobial activities. *Journal of Food Science*. 74(7): M372-M378.
- [22] K. Roopashree, D. Naik. (2019). Advanced method of secondary metabolite extraction and quality analysis. *Journal of Pharmacognosy and Phytochemistry*. 8(3): 1829-1842.
- [23] W. Dhifi, S. Bellili, S. Jazi, N. Bahloul, W. Mnif. (2016). Essential oils' chemical characterization and investigation of some biological activities: A critical review. *Medicines*. 3(4): 25.
- [24] Z. Zeng, S. Zhang, H. Wang, X. Piao. (2015). Essential oil and aromatic plants as feed additives in

- non-ruminant nutrition: a review. *Journal of animal science and biotechnology*. 6(1): 1-10.
- [25] G. Fuleky. (2009). *CULTIVATED PLANTS, PRIMARILY AS FOOD SOURCES*-Volume II. EOLSS Publications: pp.
- [26] Y. Shang, M.K. Hasan, G.J. Ahammed, M. Li, H. Yin, J. Zhou. (2019). Applications of nanotechnology in plant growth and crop protection: a review. *Molecules*. 24(14): 2558.
- [27] C. Franz, J. Novak, Sources of essential oils. In *Handbook of essential oils*, CRC Press: 2020; pp 41-83.
- [28] R. Rattan, K. Patel, K. Manjaiah, S. Datta. (2009). Micronutrients in soil, plant, animal and human health. *Journal of the Indian Society of Soil Science*. 57(4): 546-558.
- [29] T. Isah. (2019). Stress and defense responses in plant secondary metabolites production. *Biological research*. 52.
- [30] J.R. Trettel, Z.C. Gazim, J.E. Goncalves, J. Stracieri, H.M. Magalhaes. (2018). Effects of copper sulphate (CuSO₄) elicitation on the chemical constitution of volatile compounds and the in vitro development of Basil. *Scientia Horticulturae*. 234: 19-26.
- [31] C.-Z. Song, M.-Y. Liu, J.-F. Meng, M. Chi, Z.-M. Xi, Z.-W. Zhang. (2015). Promoting effect of foliage sprayed zinc sulfate on accumulation of sugar and phenolics in berries of *Vitis vinifera* cv. Merlot growing on zinc deficient soil. *Molecules*. 20(2): 2536-2554.
- [32] M. Yadegari, A. Shakerian. (2014). Effects of micronutrients foliar application on essential oils of lemon balm (*Melissa officinalis* L.). *Advances in Environmental Biology*. 8(4): 1063-1068.
- [33] S. Alejandro, S. Höller, B. Meier, E. Peiter. (2020). Manganese in plants: from acquisition to subcellular allocation. *Frontiers in plant science*. 11: 300.
- [34] M.A. Barkat, H. Abul, M.A. Rahman. (2017). Agricultural, pharmaceutical, and therapeutic interior of *Catharanthus roseus* (L.) G. Don. *Catharanthus roseus: Current Research and Future Prospects*. 71-100.
- [35] C. Dimkpa, P. Bindraban, J.E. McLean, L. Gatere, U. Singh, D. Hellums. (2017). Methods for rapid testing of plant and soil nutrients. *Sustainable agriculture reviews*. 1-43.
- [36] G. Kalidasu, C. Sarada, T.Y. Reddy. (2011). Influence of micronutrients on growth and yield of coriander (*Coriandrum sativum*) in rainfed vertisols. *Journal of Spices and Aromatic Crops*. 17(2).
- [37] Z. Nemati Lafmejani, A.A. Jafari, P. Moradi, A. Ladan Moghadam. (2018). Impact of foliar application of iron-chelate and iron nano particles on some morpho-physiological traits and essential oil composition of peppermint (*Mentha piperita* L.). *Journal of Essential Oil Bearing Plants*. 21(5): 1374-1384.
- [38] E. Gholinezhad. (2017). Effect of drought stress and Fe nano-fertilizer on seed yield, morphological traits, essential oil percentage and yield of dill (*Anethum graveolens* L.). *Journal of Essential Oil Bearing Plants*. 20(4): 1006-1017.
- [39] M. Ghorbanpour, H. Asgari Lajayer, J. Hadian. (2016). Influence of copper and zinc on growth, metal accumulation and chemical composition of essential oils in sweet basil (*Ocimum basilicum* L.). 144-132): 59(15). فصلنامه علمی پژوهشی گیاهان دارویی.
- [40] Z. Moghimipour, M.M. Sourestani, N.A. Ansari, Z. Ramezani. (2017). The effect of foliar application of zinc on essential oil content and composition of holy basil [*Ocimum sanctum*] at first and second harvests. *Journal of Essential Oil Bearing Plants*. 20(2): 449-458.
- [41] H.A. Lajayer, G. Savaghebi, J. Hadian, M. Hatami, M. Pezhmanmehr. (2017). Comparison of copper and zinc effects on growth, micro- and macronutrients status and essential oil constituents in pennyroyal (*Mentha pulegium* L.). *Brazilian Journal of Botany*. 40: 379-388.
- [42] B.R. Rao, D. Rajput. (2011). Response of palmarosa {*Cymbopogon martinii* (Roxb.) Wats. var. motia Burk.} to foliar application of magnesium and micronutrients. *Industrial Crops and Products*. 33(2): 277-281.
- [43] P. Pande, S. Chand, A. Pandey, D. Patra. (2011). Effect of sole and conjoint application of iron and manganese on herb yield, nutrient uptake, oil quality vis-a-vis their optimal level in spearmint (*Mentha spicata* Linn. emend. Nathh. cv. 'Arka').
- [44] G. Dayal, S. Singh, E. Pahade. (2022). Cultivation of Lemongrass by Following Good Agriculture Practices (GAP). *A Monthly Peer Reviewed Magazine for Agriculture and Allied Sciences*. 11.
- [45] E. Omer, S. Hendawy, A.N. ElGendy, A. Mannu, G.L. Petretto, G. Pintore. (2020). Effect of irrigation systems and soil conditioners on the growth and essential oil composition of *rosmarinus officinalis* L. cultivated in Egypt. *Sustainability*. 12(16): 6611.
- [46] L. Shepherd. (2011). *The Complete Guide to Growing Vegetables, Flowers, Fruits, and Herbs from Containers: Everything You Need to Know Explained Simply*. Atlantic Publishing Company: pp.
- [47] J.A. Rim, E.J. Jang. (2017). Effects of Substrate and Rootone on the Rooting of (*Mentha spicata*), *Mentha x piperita*, and *Nepeta cataria*. *인간식물환경학회지*. 20(5): 511-520.
- [48] R.T. Gahukar. (2018). Management of pests and diseases of important tropical/subtropical medicinal and aromatic plants: A review. *Journal of Applied Research on Medicinal and Aromatic Plants*. 9: 1-18.
- [49] F. Chemat, C. Boutekedjiret. (2015). Extraction//steam distillation. Reference Module in Chemistry, Molecular Sciences and Chemical Engineering; Elsevier: Amsterdam, The Netherlands. 1-12.
- [50] T. Fornari, G. Vicente, E. Vázquez, M.R. García-Risco, G. Reglero. (2012). Isolation of essential oil from different plants and herbs by supercritical fluid extraction. *Journal of Chromatography a*. 1250: 34-48.
- [51] R. Yadav, N. Yadav. (2016). Review on extraction methods of natural essential oils. *International*

- Journal of Pharmaceutics and Drug Analysis. 4(6): 266-273.
- [52] M.E. Lucchesi, F. Chemat, J. Smadja. (2004). Solvent-free microwave extraction of essential oil from aromatic herbs: comparison with conventional hydro-distillation. *Journal of Chromatography a*. 1043(2): 323-327.
- [53] Y. Tavakolpour, M. Moosavi-Nasab, M. Niakousari, S. Haghghi-Manesh, S.M.B. Hashemi, A. Mousavi Khaneghah. (2017). Comparison of four extraction methods for essential oil from *Thymus daenensis* Subsp. *Lancifolius* and chemical analysis of extracted essential oil. *Journal of Food Processing and Preservation*. 41(4): e13046.
- [54] G. Figueredo, A. Ünver, J. Chalchat, D. Arslan, M. Özcan. (2012). A research on the composition of essential oil isolated from some aromatic plants by microwave and hydrodistillation. *Journal of Food Biochemistry*. 36(3): 334-343.
- [55] H. Kaur, R. Tandon, A. Kalia, C. Maini. (2018). Chemical composition and antifungal activity of essential oils from aerial parts of *Mentha piperita* and *Mentha arvensis*. *Int. J. Pharmacol.* 5: 767-773.
- [56] F. Sharopov, M.S. Braun, I. Gulmurodov, D. Khalifaev, S. Isupov, M. Wink. (2015). Antimicrobial, antioxidant, and anti-inflammatory activities of essential oils of selected aromatic plants from Tajikistan. *Foods*. 4(4): 645-653.
- [57] C.S. Sell, C. Sell. (2006). *The chemistry of fragrances: from perfumer to consumer*. Royal Society of Chemistry: pp.
- [58] S.D. Patil, P.P. Maknikar, S.J. Wankhade, C.S. Ukesh, M.K. Rai. (2016). Chemical composition, antimicrobial and antioxidant activity of essential oils from cumin and ajowan. *Nusantara Bioscience*. 8(1).
- [59] U. Subasinghe, M. Gamage, D. Hettiarachchi. (2013). Essential oil content and composition of Indian sandalwood (*Santalum album*) in Sri Lanka. *Journal of Forestry Research*. 24(1): 127-130.
- [60] A. Modzelewska, S. Sur, S.K. Kumar, S.R. Khan. (2005). Sesquiterpenes: natural products that decrease cancer growth. *Current Medicinal Chemistry-Anti-Cancer Agents*. 5(5): 477-499.
- [61] A. Nadeem, B. Saxena. (2009). Isolation of geraniol content from various essential oils. *Asian Journal of Experimental Chemistry*. 4(1/2): 14-17.
- [62] H. Said-Al Ahl, A.A. Mahmoud. (2010). Effect of zinc and/or iron foliar application on growth and essential oil of sweet basil (*Ocimum basilicum* L.) under salt stress. *Ozean Journal of Applied Sciences*. 3(1): 97-111.
- [63] M.A. Hassanain, E.M. Abd-Ella, M.M. Rady. (2006). Response of growth, flowering, oil yield and chemical composition of *Matricaria chamomilla* L. plants to some micronutrient foliar applications. *J. Agric. Env. Sci. Alex. Univ. Egypt*. 5.
- [64] M. Mahmoudzadeh, M. Rasouli Sadaghiani, H. Asgari Lajayer. (2016). Effect of plant growth promoting rhizobacteria and arbuscular mycorrhizal fungi on growth characteristics and concentration of macronutrients in peppermint (*Mentha piperita* L.) under greenhouse conditions. *Journal of Soil and Plant Interactions-Isfahan University of Technology*. 6(4): 155-168.
- [65] A. Abbasifar, F. Shahrabadi, B. ValizadehKaji. (2020). Effects of green synthesized zinc and copper nano-fertilizers on the morphological and biochemical attributes of basil plant. *Journal of Plant Nutrition*. 43(8): 1104-1118.
- [66] A. Grejtovský, K. Markušová, A. Eliašová, P. Šafárik. (2006). The response of chamomile (*Matricaria chamomilla* L.) plants to soil zinc supply. *Plant Soil Environ*. 52(1): 1-7.
- [67] K. Szentmihályi, P. Vinkler, B. Lakatos, V. Illés, M. Then. (2002). Rose hip (*Rosa canina* L.) oil obtained from waste hip seeds by different extraction methods. *Bioresource technology*. 82(2): 195-201.
- [68] S. Chatterjee, S. Gupta, P.S. Variyar. (2015). Comparison of essential oils obtained from different extraction techniques as an aid in identifying aroma significant compounds of nutmeg (*Myristica fragrans*). *Natural product communications*. 10(8): 1934578X1501000833.
- [69] K. Jaimand, M.B. Rezaee, S. Homami. (2018). Comparison extraction methods of essential oils of *Rosmarinus officinalis* L. in Iran by microwave assisted water distillation; water distillation and steam distillation.
- [70] M. Elyemni, B. Louaste, I. Nechad, T. Elkamli, A. Bouia, M. Taleb, M. Chaouch, N. Eloutassi. (2019). Extraction of essential oils of *Rosmarinus officinalis* L. by two different methods: Hydrodistillation and microwave assisted hydrodistillation. *The Scientific World Journal*. 2019.
- [71] S. Robbins. (1983). Natural essential oils. Current trends in production, marketing and demand. *Perfumer and Flavorist*. 8: 75-82.
- [72] B. Türkekel, Ö. Yildiz, Medicinal and aromatic plant production, marketing and foreign trade. In *Medicinal and aromatic plants: Economics production agricultural utilization and other aspects*, iKASAD Turkey: 2021; pp 3-44.
- [73] N. Verlet In *Essential oils: supply, demand and price determination*, International Symposium on Medicinal and Aromatic Plants 344, 1993; 1993; pp 9-16.
- [74] S. Burt. (2004). Essential oils: their antibacterial properties and potential applications in foods—a review. *International journal of food microbiology*. 94(3): 223-253.
- [75] A. Astani, J. Reichling, P. Schnitzler. (2010). Comparative study on the antiviral activity of selected monoterpenes derived from essential oils. *Phytotherapy Research: An International Journal Devoted to Pharmacological and Toxicological Evaluation of Natural Product Derivatives*. 24(5): 673-679.
- [76] H.-C. Huang, Y.-C. Ho, J.-M. Lim, T.-Y. Chang, C.-L. Ho, T.-M. Chang. (2015). Investigation of the anti-melanogenic and antioxidant characteristics of *Eucalyptus camaldulensis* flower essential oil and determination of its chemical composition. *International journal of molecular sciences*. 16(5): 10470-10490.

- [77] T. Rabi, A. Bishayee. (2009). d-Limonene sensitizes docetaxel-induced cytotoxicity in human prostate cancer cells: Generation of reactive oxygen species and induction of apoptosis. *Journal of carcinogenesis*. 8.
- [78] P. Xu, K. Wang, C. Lu, L. Dong, L. Gao, M. Yan, S. Aibai, Y. Yang, X. Liu. (2017). The protective effect of lavender essential oil and its main component linalool against the cognitive deficits induced by D-galactose and aluminum trichloride in mice. *Evidence-Based Complementary and Alternative Medicine*. 2017.
- [79] H.K. Moon, P. Kang, H.S. Lee, S.S. Min, G.H. Seol. (2014). Effects of 1, 8-cineole on hypertension induced by chronic exposure to nicotine in rats. *Journal of Pharmacy and Pharmacology*. 66(5): 688-693.
- [80] H. El-Banna, M. Soliman, N. Al-Wabel. (2013). Hepatoprotective effects of Thymus and Salvia essential oils on paracetamol-induced toxicity in rats. *Journal of Physiology and Pharmacology. Advances*. 3(2): 41-47.